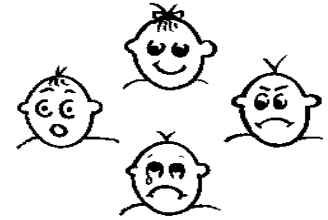


The Centre Baby Times



The *LAST* Newsletter of The Penn State Emotional Beginnings Project

January 2005

Project Update



Happy New Year! We here at the Emotional Beginnings Project would like to wish all of our families continued health and happiness in 2005. We are wrapping up the study with our last and final questionnaires to those of you that have children in first-

grade. Please fill out the questionnaires and send them back so you can receive your escrow payment.

To all of our families, THANK YOU for your time and participation. The project started with 150 subjects and is ending 8 years later with 92 subjects. Many of the participants moved out of the area, but we are thankful to those of you who were able to continue with the preschool follow-up.

Come children, let us shut up the box and the puppets, for our play is played out. (Thackeray)

Research Findings

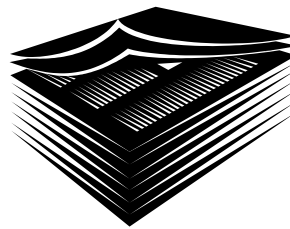
The lab will continue to work on the data that has been collected throughout the study as well as looking at the questionnaires that you have completed. Thank you for taking time to complete the questionnaires, which are incredibly valuable to the study. Dr. Stifter and past and current graduate students are currently writing several papers. Laudii Jahromi just published an article in *Developmental Psychology*, one of the premier journals in our field. The article was on how our infant subjects reacted to the inoculations they received at 2 and 6 months of age. In another article to be published in *Child Development*, Sam Putnam reports on how our young participants responded to our "risk room" at 2 years of age. Please be sure to check our website for new and future publications (hhdev.psu.edu/ebp).

The Lab

We are very thankful to the staff of the Emotional Beginnings Project for their hard work and commitment. Throughout the entire study, we have had 12 graduate students, 20 undergraduate students, and 3 project coordinators. We are proud of the successes of all who have come through our lab. Many of the graduate students are now assistant professors doing their own research. Likewise, a majority of the undergraduate students who worked on the project have continued their education by going to graduate school or medical school.

Grant Submission

Dr. Stifter has written a grant proposal to study the development of children characterized as high in approach behavior with the goal of identifying the physiological, behavioral, and environmental factors that influence this temperamental type. The children will be followed several times throughout the toddler and preschool years and their physiology, emotion regulation, behavioral control and relationships will be assessed. We look forward to moving along with this study once it is approved. For updates, please be sure to visit our website - www.hhdev.psu.edu/ebp.



FIRSt Families Database

Be sure to sign up for the first families database if you are interested in having your child/children continue with Penn State research. The website for the database is <http://firstfamilies.psych.psu.edu>. All the information that is entered into the database is confidential and is only shared with researchers who are conducting research approved by the university's Office of Research Protections. Please let your family/friends know about this website.

Thanks again for your
dedication to the
Emotional Beginnings
Project!



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