

**Recommended Academic Plan for Kinesiology/Physical and Health Education Teacher Education  
(KINES/PHETE at all campuses)  
Effective Summer 2010**

Semester 1	Credits	Semester 2	Credits
<a href="#">ENGL 015</a> or <a href="#">030</a> <sup>S</sup> (GWS) Rhetoric & Composition/Honors Composition	3	<a href="#">BIOL 141</a> (GN) (if not taken fall) Physiology	3
<a href="#">Quantification</a> (GQ)	3	<a href="#">MATH 022</a> (GQ) College Algebra II	3
<a href="#">Natural Sciences</a> (GN) ( <a href="#">BI SC 004</a> suggested)	3	<a href="#">EDTHP 115</a> (US) Education in American Society	3
<a href="#">Social and Behavioral Sciences</a> (GS)	3	<a href="#">Arts</a> (GA)	3
<a href="#">Arts</a> (GA)	3	<a href="#">Humanities</a> (GH) (Literature Course <sup>1</sup> )	3
<a href="#">First-Year Seminar</a>	1		
Total Credits:	16	Total Credits:	15
Semester 3	Credits	Semester 4	Credits
<a href="#">KINES 141</a> (US;IL) Phys. Activity: Historical and Cultural	3	<a href="#">KINES 180</a> Intro to Kinesiology (KINES <a href="#">197A</a> <sup>2</sup> )	3
<a href="#">KINES 165</a> Health Education Concepts	3	<a href="#">KINES 202</a> Human Anatomy	4
<a href="#">EDPSY 014</a> Learning and Instruction	3	<a href="#">KINES 295A</a> Observation in Public Schools (offered Spring only at University Park)	1
<a href="#">EDPSY 010</a> (GS) Individual Differences & Education	3	<a href="#">KINES 345</a> Meaning, Ethics, Movement	3
<a href="#">CHEM 101</a> (GN) Introductory Chemistry	3	<a href="#">CAS 100</a> <sup>S</sup> ( <a href="#">A</a> suggested) (GWS) Effective Speech	3
<a href="#">NUTR 251</a> (GHA) Principles of Nutrition	3	<a href="#">CI 280</a> <sup>3</sup> (GH) Intro. to Teaching English to English Language Learners (may be subbed for GH)	3
Total Credits:	18	Total Credits:	17
Semester 5 (Includes Block 1: KINES 261, 262, 264, 266, 268)	Credits	Semester 6 (Includes Block 2: KINES 362, 364, 366, 400)	Credits
<a href="#">KINES 261</a> Educational Gymnastics	1	<a href="#">KINES 360</a> Neurobiology of Motor Control & Dev.	3
<a href="#">KINES 262</a> Educational Dance	1	<a href="#">KINES 362</a> Teaching Individual Activities	1.5
<a href="#">KINES 264</a> Health-Related Physical Fitness	1	<a href="#">KINES 364</a> Teaching Group Activities	1.5
<a href="#">KINES 266</a> Adventure/Outdoor Rec. Activities	1	<a href="#">KINES 366</a> Process of Teaching Physical Education	3
<a href="#">KINES 268</a> Technology App. in Health & Physical Ed.	1	<a href="#">KINES 400</a> <sup>3</sup> Adapted Physical Education	3
<a href="#">KINES 321</a> Psychology of Movement	3	<a href="#">KINES 445</a> Alcohol and Drug Education	3
<a href="#">KINES 350</a> Exercise Physiology	3	<a href="#">SPLED 400</a> <sup>3</sup> Teaching Exceptional Students	4
<a href="#">KINES 384</a> Biomechanics	3		
<a href="#">BB H 146</a> Intro. to Health and Human Sexuality	3		
Total Credits:	17	Total Credits:	19
Semester 7 (Includes Block 3: KINES 395A, 464, 466, 468, 469W)	Credits	Semester 8 (Includes Block 4: KINES 495A)	Credits
<a href="#">KINES 395A</a> Leadership Practicum for Teachers	1	<a href="#">KINES 495A</a> Practicum in Student Teaching	12
<a href="#">KINES 464</a> Child. Phys. Ed. Curriculum & Practicum	3	(No other courses may be scheduled while student teaching.)	
<a href="#">KINES 466</a> Assessment & Eval. in Phys. Ed. & Health Ed.	2		
<a href="#">KINES 468</a> Health Instruction – Content & Method	3		
<a href="#">KINES 469W</a> Curriculum Dev. in Health & Phys. Ed.	3		
ENGL 202 ( <a href="#">A</a> or <a href="#">D</a> suggested) (GWS) Effective Writing	3		
Total Credits:	15	Total Credits:	12

- **Bold** type indicates courses requiring a quality grade of C or better.
- *Italic* type indicates courses that satisfy both major and General Education requirements.
- ***Italic Bold*** type indicates courses requiring a quality grade of C or better and that satisfy both major and General Education requirements.
- GWS, GHA, GQ, GN, GA, GH, and GS are codes used to identify General Education requirements.
- US, IL, and US:IL are codes used to designate courses that satisfy University United States/International Cultures requirements.
- W is the code used to designate courses that satisfy University Writing Across the Curriculum requirement.

**Advising Notes:**

<sup>1</sup>The list of Literature Courses that may satisfy the Pennsylvania Department of Education requirement is at <http://www.ed.psu.edu/educ/current-students/undergraduate/certification/literature> . Students are advised to choose a course from the list that is also a designated GH.

<sup>2</sup> KINES 197A taken FA10, SP11, SU11, FA11, SP12, SU12 or FA12 is equivalent to KINES 180.

<sup>3</sup>Students who anticipate graduating Fall 2013 or later will need to complete CI 280 (3 cr.), KINES 400 (3 cr.) and the 4-credit version of SPLED 400.

<sup>8</sup> Effective Fall 2012, all incoming Schreyer Honors College freshmen at University Park will take [ENGL/CAS 137H](#) in the fall semester and [ENGL/CAS 138T](#) in the spring semester. These courses carry GWS designation and replace both ENGL 030 and CAS 100. Each course is 3 credits. At the discretion of the college, ENGL/CAS 138T satisfies the first-year seminar requirement.

**Program Notes:**

- Students may need to make schedule adjustments to accommodate special circumstances. However, the block scheduling plan (last 4 semesters) **must** be preserved.
- CHEM 001 or 003, if taken prior to Summer 2010, may be substituted for CHEM 101.

***NOTE: The Kinesiology/PHETE Degree Audit takes precedence over the Recommended Academic Plan for graduation requirements.***