

**Recommended Academic Plan for Kinesiology/Athletic Training (KINES/ATHTR at all campuses)
Effective Summer 2006**

Semester 1	Credits	Semester 2	Credits
ENGL 015 or 030 (GWS) Composition/Honors Comp.	3	<i>CHEM 110 & 111</i> (GN) Chemical Principles/ Experimental Chemistry	4
<i>MATH 022</i> (GQ) College Algebra/Analytical Geometry	3	<i>PSYCH 100</i> (GS) General Psychology	3
<i>BIOL 141</i> (GN) Physiology	3	<i>STAT 200</i> (GQ) Elementary Statistics	4
Humanities (GH)	3	Humanities (GH) (US or IL)	3
Arts (GA)	3	First-Year Seminar	1
Total Credits:	15	Total Credits:	15
Semester 3	Credits	Semester 4	Credits
KINES 135 Introduction to Athletic Training	3	KINES 232 Athletic Training Clinical Practice II	3
KINES 202 Functional Human Anatomy	4	KINES 334 Mechanics and Evaluation	3
KINES 231 ¹ Athletic Training Clinical Practice I	3	KINES 360 Neurobiology of Motor Control & Devel.	3
KINES 233 Emergency Care in Athletic Training	3	KINES 141 (US;IL) Phy. Activity: Historical and Cultural	3
KINES 180 Introduction to Kinesiology	3	<i>NUTR 251</i> (GHA) Principles of Nutrition	3
Total Credits:	16	Total Credits:	15
Semester 5	Credits	Semester 6	Credits
KINES 359F Practicum in Athletic Training	3	KINES 395G Practicum in Athletic Training	3
KINES 335 Medical Aspects of Athletic Training	3	KINES 336 Mechanics and Evaluation	3
KINES 434 Rehabilitation of Injuries	3	KINES 435 Applications of Therapeutic Exercise/Rehab.	3
KINES 350 Exercise Physiology	3	KINES 436 Intro. to Therapeutic Modalities	4
<i>PHYS 250R//250L</i> (GN) Introduction to Physics	4	CAS 100 (A suggested) (GWS) Effective Speech	3
Total Credits:	16	Total Credits:	16
Semester 7	Credits	Semester 8	Credits
KINES 395I Practicum in Athletic Training	3	KINES 495F Field Practicum in Athletic Training	3
KINES 438W Admin. and Issues of Athletic Training	3	KINES 321 Psychology of Movement Behavior	3
KINES 345 Meaning, Ethics, and Movement	3	ENGL 202 (A or D suggested) (GWS) Effective Writing	3
KINES 384 Biomechanics	3	Social and Behavioral Sciences (GS)	3
Arts (GA)	3		
Total Credits:	15	Total Credits:	12

- **Bold** type indicates courses requiring a quality grade of C or better.
- *Italic* type indicates courses that satisfy both major and General Education requirements.
- **Italic Bold** type indicates courses requiring a quality grade of C or better and that satisfy both major and General Education requirements.
- GWS, GHA, GQ, GN, GA, GH, and GS are codes used to identify General Education requirements.
- US, IL, and US;IL are codes used to designate courses that satisfy University United States/International Cultures requirements.
- W is the code used to designate courses that satisfy University Writing Across the Curriculum requirement.

Program Notes:

¹ KINES 231 is offered only in fall semesters, at University Park, and requires that students complete a waitlist application. The link to the KINES 231 waitlist application can be found at http://www.hhdev.psu.edu/kines/undergrad/athletic_tr06.html.