

**Recommended Academic Plan for Kinesiology/Physical and Health Education Teacher Education
(KINES/PHETE at all campuses)
Effective Summer 2006**

Semester 1	Credits	Semester 2	Credits
ENGL 015 or 030 (GWS) Effective Writing	3	BIOL 141 (GN) (if not taken fall) Physiology	3
Quantification (GQ)	3	Arts (GA)	3
Natural Sciences (GN) (BI SC 004 suggested)	3	MATH 022 (GQ) College Algebra II	3
Humanities (GH)	3	Humanities (GH) (Literature Course ¹)	3
Arts (GA)	3	EDPSY 010 (GS) Individual Differences & Ed.	3
First-Year Seminar	1		
Total Credits:	16	Total Credits:	15
Semester 3	Credits	Semester 4	Credits
KINES 141 (US;IL) Phys. Activity: Historical and Cultural	3	KINES 295A Observation in Public Schools	1
KINES 165 Health Education Concepts	3	KINES 180 Introduction to Kinesiology	3
EDPSY 014 Learning and Instruction	3	KINES 202 Human Anatomy	4
CAS 100 (A suggested) (GWS) Effective Speech	3	KINES 345 Meaning, Ethics, Movement	3
CHEM 001 or 003 (GN) Molecular Science	3	EDTHP 115 (US) Education in American Society	3
		Social and Behavioral Sciences (GS)	3
Total Credits:	15	Total Credits:	17
Semester 5 (Includes Block 1: KINES 261, 262, 264, 266, 268)	Credits	Semester 6 (Includes Block 2: KINES 362, 364, 366)	Credits
KINES 261 Educational Gymnastics	1	KINES 362 Teaching Individual Activities	1.5
KINES 262 Educational Dance	1	KINES 364 Teaching Group Activities	1.5
KINES 264 Health-Related Physical Fitness	1	KINES 366 Process of Teaching Phys. Ed.	3
KINES 266 Adventure/Outdoor Rec. Activities	1	KINES 360 Neurobiology of Motor Control & Dev.	3
KINES 268 Technology App. in Health & Physical Ed.	1	KINES 445 Alcohol and Drug Education	3
KINES 321 Psychology of Movement	3	SPLED 400 Teaching Exceptional Students	3
KINES 350 Exercise Physiology	3		
BB H 446 Human Sexuality	3		
NUTR 251 (GHA) Principles of Nutrition	3		
Total Credits:	17	Total Credits:	15
Semester 7 (Includes Block 3: KINES 395A, 464, 466, 468, 469W)	Credits	Semester 8 (Includes Block 4: KINES 495A)	Credits
KINES 395A Leadership Practicum for Teachers	1	KINES 495A Practicum in Student Teaching	12
KINES 464 Child. Phys. Ed. Curriculum & Practicum	3		
KINES 466 Asses. & Eval. in Phys. Ed. & Health Ed.	2		
KINES 468 Health Instruction – Content & Method	3		
KINES 469W Curriculum Dev. in Health & Phys. Ed.	3		
KINES 384 Biomechanics	3		
ENGL 202 (A or D suggested) (GWS) Effective Writing	3		
Total Credits:	18	Total Credits:	12

- **Bold** type indicates courses requiring a quality grade of C or better.
- *Italic* type indicates courses that satisfy both major and General Education requirements.
- **Italic Bold** type indicates courses requiring a quality grade of C or better and that satisfy both major and General Education

requirements.

- GWS, GHA, GQ, GN, GA, GH, and GS are codes used to identify General Education requirements.
- US, IL, and US;IL are codes used to designate courses that satisfy University United States/International Cultures requirements.
- W is the code used to designate courses that satisfy University Writing Across the Curriculum requirement.

Advising Notes: ¹The list of Literature Courses that may satisfy the Pennsylvania Department of Education requirement is at <http://www.ed.psu.edu/edservices/certification/lit.asp>. Students are advised to choose a course from the list that is also a designated GH.

Program Notes: Students may need to make schedule adjustments to accommodate special circumstances. However, the block scheduling plan (last 4 semesters) **must** be preserved.